

September 2015 Lunch

Bowlegs Public Schools

Keystone Food Service

Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9	10	11
LABOR DAY	Chicken Fried Steak	Beef Taco	BBQ Chicken Flatbread	Grilled Hot Dogs
	Mashed Potato & Gravy	Beans & Rice	Chips	Potato Salad
	Dinner Roll	Chips and Salsa	Cucumber Salad	Cookie
	Salad Bar/ Fruit	Salad Bar/Fruit	Salad Bar/ Fruit	Salad Bar/Fruit
	Water/Milk	Water/Milk	Water/Milk	Milk/Water
14	15	16	17	18
Corn Dogs	Chicken Wrap	Pulled Pork Sandwich	Chicken Fajitas	Pizza
Mac and Cheese	Sun Chips	Roasted Potatoes	Refried Beans	Caesar Salad
Green Beans	Carrot Sticks & Ranch	Cookie	Chips and Salsa	Carrot Sticks
Salad Bar/ Fruit	Salad Bar/ Fruit	Fruit/Salad Bar	Salad Bar/ Fruit	Salad Bar/ Fruit
Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk
21	22	23	24	25
NO SCHOOL	Meatball Sub	Baked Potato Bar	Nachos	Grilled Chicken Sandwich
	Italian Salad	BBQ Chicken	Beef/Queso/Chili Beans	French Fries
	Carrot Sticks	Dinner Roll	Chips & Salsa	Fruit
	Salad Bar/ Fruit	Salad Bar/ Fruit	Salad Bar/Fresh Fruit	Salad Bar
	Water/Milk	Water/Milk	Milk/Water	Water/Milk
28	29	30	1-Oct	2-Oct
Cajun Chicken Pasta	Chicken Fried Steak	Hot Ham & Cheese	Homemade Burrtio	Pizza
Green Beans	Mashed Potato & Gravy	Chips	(Beef/Rice/Beans)	Caesar Salad
Breadstick	Dinner Roll	Carrot Sticks & Ranch	Pinto Beans, Chips & Salsa	Carrot Sticks
Salad Bar/ Fruit	Salad Bar/ Fruit	Salad Bar/ Fruit	Salad Bar/ Fruit	Salad Bar/ Fruit
Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk
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